

Staff Update | March 25, 2020

www.goodwinhouse.org/staffupdate

Reminder: Social Distancing

Keep at least 6 feet apart
from everyone at all times!



KEEP



A SAFE



DISTANCE



If You're Not Feeling Well, Alert Your Supervisor Immediately!

If you're not feeling well before your shift, or if you start to feel ill while you're at work, alert your supervisor immediately. Do not come to work or remain at work if you are not feeling well.

Moment of Thanks

Staff members are helping residents stay connected with loved ones. Last week, they facilitated more than 50 Skype calls between residents and their family members. During one call, a resident said "Talking to you is the greatest joy in my life, there is nothing more meaningful."

We appreciate all you're doing to care for residents and bring joy to them and coworkers during this difficult time. Staff members are supporting others in creative ways. And everyone is doing their part. Staff are taking shifts at the Main Lobby screening tables, some assist in laundry, and some regularly call to check-in with residents.

If you have a story about someone making a positive contribution, please share it with our marketing and communications team: Kathie at kmiller@goodwinhouse.org and Amanda at aranowsky@goodwinhouse.org.



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*We are committed to keeping residents and staff healthy.
Thank you for your efforts to keep our community infection-free.*



Infection Precaution

Staff Support – Goodwin Cares!

Food Distribution for Those in Need

Are you in need of some basic supplies to provide to your family while you are at work? On Thursday, March 26, department heads will be offering bags of food staples (e.g. rice, peanut butter, jelly, granola bars, etc.).

Please note: Bags are intended for those who are experiencing financial hardships. If your pantry is stocked and/or you are not having trouble providing food for your family, please leave the bags for your coworkers who are in greater need.

Staff Support from Goodwin House Foundation

The Goodwin House Foundation offers grants to staff who need emergency financial assistance. Knowing some might need help during these difficult times, residents, friends and coworkers have been contributing specifically to the fund that supports these grants. We will soon send details about the process of applying for a grant. If you're in a position to donate, please make a check out to Goodwin House Foundation Staff Support Fund and give it to the reception desk or at one of the Foundation kiosks

Shared Leave Bank

Staff members have generously donated some of their accrued leave to the Shared Leave Bank. We are seeking a variety of options to address the possibility that staff members will need to be home and in quarantine due to exposure to COVID-19 while performing their Goodwin House responsibilities. If you have extra PTO, please consider a donation.

Transportation Needs

Please let us know if the changes with the Washington Metropolitan Area Transportation System present you with challenges getting to and from work. We are working on finding alternative schedules and other forms of transportation for staff who might need it.

If you're having trouble with transportation to work, please contact Human Resources: Heba Sikander (GHA) at 703-824-1306 or Susan Matthews (GHBC) at 703-578-7205

Childcare

With local school systems closed for the remainder of the school year, we're looking for ways to support staff. If you need assistance, please provide the following information to Susan Matthews at smatthews@goodwinhouse.org or 703-578-7205:

- Ages of your children needing childcare
- City where you live
- Hours of coverage needed

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Addressing Staff Concerns: COVID-19

How will I know if a resident or coworker has contracted COVID-19?

We will keep you informed as best we can. Please remember that we must remain mindful of HIPAA, even during these trying times. We will always notify any staff members who may have been exposed to the virus at Goodwin House, as soon as the information comes to us.

If any staff member has come in contact with an active case of the coronavirus COVID-19 while performing work on behalf of Goodwin House, we will share that information with the Department of Health and follow their established protocol by informing staff members who may have been exposed to the virus.

Recently, we've been asked not to clean specific resident apartments. Is this because we think they may be infected by the virus?

No. Several residents have chosen to limit the number of people entering their apartments and have suspended housekeeping services to reduce the number of people entering their homes.

If a resident is in isolation or quarantine, does this mean they are infected with COVID-19?

No, not necessarily. Residents may be put in isolation or quarantine for a variety of reasons, such as recent travel, exposure to COVID-19, or another health issue unrelated to COVID-19.

If I am assigned to work with a resident who has tested positive for COVID-19, will I be informed ahead of time?

Yes. There are a number of infection control procedures that must be followed prior to caring for a resident with COVID-19. If you're asked to care for someone with a confirmed case, you will be instructed on how to care for the resident while protecting yourself.

We're here for you! Please tell us what we can do to be helpful during this unusual time.

All suggestions welcomed and encouraged. Please send your ideas and questions to Fran Casey fcasey@goodwinhouse.org or call 703-824-1032.

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Additional Information and Resources

Food for Families in Need:

- Schools are providing meals to children 0-18 years old. Here is the link to a list of locations where students can get free meals in D.C., Maryland, and Virginia: bit.ly/DMV_LocalMealSites
- Anyone can text "FOOD" or "COMIDA" to 877-877 to get info on summer feeding programs for kids.
- Fairfax County Food Resources Guide: bit.ly/FairfaxFoodResources
- Arlington Resources (also includes resources for Health and Mental Health, Housing, and Technology): bit.ly/ArlingtonResources

Food Resources for Everyone:

- Baltimore City Resident Food Distribution Site Map: <https://health.baltimorecity.gov/novel-coronavirus-covid-19/food-distribution-sites>
- Food Resources for DC Residents: <https://coronavirus.dc.gov/food>
- Virginia resident information: Call 211 or visit 211virginia.org
- Latest information on food resources and programs that have been updated due to needs surrounding COVID-19 (i.e. more Virginians now qualify for services): <https://frac.org/COVID-19-updates>

Other Helpful Resources and Information:

- The latest updates and resources from the Virginia Department of Social Services (health care resources, food resources, child care resources, etc.): <https://www.dss.virginia.gov/geninfo/corona.cgi>
- You may qualify for increased benefits or see changes in expected copays as part of Virginia's response to COVID-19. Learn more here: <https://commonhelp.virginia.gov/>
- COVID-19 Resources for DC: <https://coronavirus.dc.gov/>
- COVID-19 Resources for Maryland: <https://coronavirus.maryland.gov/>

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