

Staff Update | January 6, 2021

www.goodwinhouse.org/staffupdate

Update on COVID-19 Cases as of Wednesday, January 6:

GHA	GHBC
Residents: 3 resident cases	Residents: 16 resident cases
Staff: 10 staff cases, 0 pending test results to return to work	Staff: 5 staff cases, 3 pending test results to return to work

Important Updates: COVID-19 Vaccine

We continue to be excited about getting staff vaccinated against COVID-19, and we have important updates to share with you. Please read the following closely. **If you have any questions, please speak to your supervisor or Human Resources.**

If You Received Your First Dose at Goodwin House

We held our first vaccine clinics on Tuesday, Dec. 29 at GHA and Wednesday, Dec. 30 at GHBC. If you received your first dose of the vaccine at one of these clinics, please plan to receive your second dose on Tuesday, Jan. 19 at GHA or Wednesday, Jan. 20 at GHBC. **It is important that you receive the second dose of the vaccine, which increases the efficacy rate to 95%. You must complete a new consent form, which is available on the website: www.goodwinhouse.org/staffupdate**

If You Have Not Yet Been Vaccinated

This week, we learned of an exciting opportunity for Goodwin House staff to get the vaccine through Inova Fairfax Hospital. **If you have not yet received your first dose of the vaccine, we encourage you to take advantage of this opportunity.** Staff members who have not had the first dose of the vaccine will receive a letter from their department director. This letter will provide you with specific details on how to register for an appointment, what to take with you and what you will provide to Goodwin House so we can record your vaccination in our records. Those who receive the vaccine this way will receive both doses through Inova Fairfax Hospital. Goodwin House is offering transportation to any staff member who needs it for the purpose of getting the vaccine at Inova Fairfax Hospital. **If you receive a letter, please read it closely and schedule an appointment as soon as possible.**

The Importance of Everyone Getting Vaccinated

We thank everyone for participating in our efforts to get vaccinated. More than 700 staff and residents have received the first dose, and no one has reported serious side effects. **If you do experience any side effects from the vaccine, please report them to your supervisor.** Side effects must be reported whether you receive the vaccine at Goodwin House or through Inova Fairfax Hospital. If you are still undecided about getting the vaccine, please reach out to Human Resources to discuss your concerns.

Messages of Gratitude

In honor of the holiday season, residents and their loved ones have shared special messages of thanks for all Goodwin House staff.

“It would have been an extraordinarily difficult task to have survived the past few months without our dedicated and caring staff. Their warm smiles and friendly greetings mean much to us. Thanks to all who have made – and who continue to make – life at Goodwin House a special thing.”

—Mike Reed (member of GHA Resident Council)

“I have felt so blessed that my folks happened to go to GHBC just before the state closed down with the pandemic. They continue to be safe and sound and now they have the first round of the COVID vaccine!! Thanks to EVERYONE at GHBC for the excellent job you have done to help keep residents safe. You are all Angels!” (From the daughter of GHBC Residents)

“We notice the good spirit in this place, where staff members help other staff members, always with a kind word, a smile, or both. It is that SPIRIT, your spirit, as the people who make this place into the warm and welcoming home that it is. We notice it and we thank you for it.”

—Stetson Tinkham (member of GHA Resident Council)



Need to Talk? Contact the We Care Hotline

Sometimes, we just need someone to be present with us and simply listen. This past year has been particularly challenging. Goodwin House is now offering another option to help you through your own personal challenges.



The Goodwin House Chaplains and Clinical Pastoral Education (CPE) students are available to provide confidential support to Goodwin House staff. We are spiritual care professionals representing many different faiths who can offer support to anyone, whether or not you practice a faith or religion. We can talk about whatever is on your mind. Our conversations don't have to be religious in nature. You can discuss any topic you wish to share with us.

If you are in need of a friendly ear, please do not hesitate to reach out. We are here for you and ready to listen. Contact 703.578.7315 or WeCare@goodwinhouse.org.

Webinar with Dementia Advocate Teepa Snow

We invite you to join a special webinar event with Teepa Snow on January 19, 2021 at 6:00 p.m. An advocate and educator for those living with dementia, Teepa will present “The Effects of Social Isolation on Those Living with Dementia”, a seminar that will equip caregivers with strategies to recognize and reduce the effects of social isolation on those living with dementia. Read the attached flyer for details and the link to register.



We are committed to keeping residents and staff healthy.
Thank you for your efforts to keep our community infection-free.



Infection Precaution