

Staff Update | January 13, 2021

www.goodwinhouse.org/staffupdate

Update on COVID-19 Cases as of Wednesday, January 13:

GHA	GHBC
Residents: 4 resident cases	Residents: 7 resident cases
Staff: 10 staff cases, 1 pending test results to return to work	Staff: 10 staff cases, 1 pending test results to return to work

Why It's Important to Get the COVID-19 Vaccine

When you choose to receive the COVID-19 vaccine, you are making the responsible choice to protect yourself, your loved ones, your colleagues and the people we serve. As Chief Operations Officer Linda Lateana shared: "At Goodwin House, we come together with a sense of mission and purpose to serve older adults, who are among the most vulnerable to COVID-19. By getting the vaccine, each individual staff member is affirming their commitment to our mission. Together, as we all get vaccinated, we will continue to be in the best position to serve the residents at GHA and GHBC as well as patients of Hospice, clients of Home Health and members of Goodwin House at Home. By getting vaccinated, we give everyone in our care greater peace of mind that comes from knowing we are all better protected from COVID-19."



Many organizations in the senior living and health care industry are moving toward making it required for staff to receive the vaccine. Our goal is that 100% of Goodwin House staff will receive the vaccine. You can help us achieve this goal and do your part to better serve residents and members, and to protect one another. Let's all remember that we're stronger together!



GHA resident Caroline Johnston and GHBC residents Alex and Ila Malakhoff celebrate receiving the vaccine during our first clinics in late December.

As you think about your choice to get the vaccine, think about the good you'll be doing to help them stay healthy.

Important Info. | Scheduling Your Vaccination

Schedule Your First Dose of the Vaccine through Inova Fairfax Hospital

If you have not yet received your first dose of the vaccine, please schedule your vaccination online through Inova Fairfax Hospital. This is the best option available to you at this time. You should have received a letter from your supervisor. This letter provided detailed instructions for how to schedule your vaccination appointment. Please speak to your supervisor if you have questions.

If You Already Received Your First Dose at a Goodwin House Vaccine Clinic

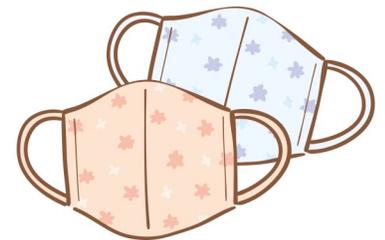
If you received your first dose of the vaccine during our first clinics at GHA or at GHBC, please plan to receive your second dose on Tuesday, Jan. 19 at GHA or Wednesday, Jan. 20 at GHBC. You must complete a new consent form, available on the website: www.goodwinhouse.org/staffupdate.

Important Second Dose Information

Wherever you receive your first dose—on a Goodwin House campus or at Inova Fairfax Hospital—is where you will receive your second dose. You will receive a **CDC COVID immunization card** when you get your first dose—be sure to **bring it with you when you get your second dose**.

Does the Vaccine Mean We Can All Relax?

It's important to understand that receiving the vaccine does not mean you cannot contract or spread COVID-19. The vaccine reduces the likelihood that you will contract COVID-19 and might reduce symptoms if you do contract it. The first dose offers a 50% efficacy rate at protecting you from contracting COVID-19; the second dose provides a 95% efficacy rate. The CDC says that it may take a week or two after your second shot before the full benefits of the vaccine take effect.



Because the vaccine does not eliminate the risk of contracting and spreading COVID-19 entirely, we all must continue to practice social distancing, wear masks and frequently wash our hands both at work and at home—even after we receive the vaccine.

Affordable Housing Opportunity

It is not too late to get your name on the waitlist for The Spire, which is conveniently located just in front of Goodwin House Alexandria off Beauregard Street. Beginning later this month qualified candidates will receive move-in dates for late March. Please see the attached flyer for more information.

We have several resident and staff volunteers available to assist any interested staff members in completing the application process. If you need assistance, please contact Fran Casey at fcasey@goodwinhouse.org.

*We are committed to keeping residents and staff healthy.
Thank you for your efforts to keep our community infection-free.*

